CHAPTER 15

DOING THE RIGHT THING: A CHRISTIAN PERSPECTIVE ON ETHICAL DECISION-MAKING FOR CHRISTIANS IN SOCIAL WORK PRACTICE¹

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You are on the staff of a Christian Counseling Center and in the course of a week you encounter the following clients:

1. A minister who became sexually involved with a teen-age girl at a previous church several years ago. His current church is not aware of this. He says he has “dealt with his problem.”

2. A Christian woman whose husband is physically abusive and who has threatened worse to her and their young child if she tells anyone or leaves him. She comes to your office with cuts and bruises, afraid to go home and afraid not to go home. She doesn’t know what she should do or can do.

3. A single mother who is severely depressed and who is not taking adequate care of her two young children, both under the age of four. She denies that her personal problems are affecting her ability to take care of her children.

The list could easily go on. Helping professionals, Christian or otherwise, are daily confronted with issues that are immensely complex and which call forth judgments and actions that confound any attempts to neatly separate “clinical knowledge and skill,” our preferred professional roles and boundaries, and, fundamentally, our world-view, faith, moral judgment, and character. Much as we would like to keep it simple, real life is messy and all of a piece. All kinds of things interconnect and interact. How would you respond to clients like the ones I just mentioned?

Christian social workers need to know who they are and what resources they have to do the right thing as children of God—personally, socially, and professionally. What are our resources and limits in choosing and acting ethically as Christians who are placed in helping relationships with others? I will try to review briefly a Christian perspective on:

- When we have a moral problem.
• Conditions under which we choose and act.
• Faith and the hermeneutical spiral (understanding God’s will).
• How the Bible teaches us regarding values and ethics.
• The Principle/Practice Pyramid.
• A decision-making model which integrates the deontological (ought) dimensions with the teleological (purpose and consequences) dimensions of a problem.
• The fundamental role of character formed through discipleship and the guidance of the Holy Spirit.

We cannot devise or forcibly wrench out of the scriptures a set of rules which will simply tell us what to do if we will only be willing to obey. It appears that God has something else in mind for us as He grows us up into the image of Christ. Ultimately, “doing the right thing” results from our making judgments which grow out of our character as we are “changed into his likeness from one degree of glory to another; for this comes from the Lord who is the Spirit” (II Corinthians 3:18).

When Do We Have a Moral Problem?

When do we have a moral “problem?” I would argue that value issues are so pervasive in life that there is virtually no question we face that does not have moral dimensions at some level. Even the choice regarding what brand of coffee to use (or whether to use coffee at all) is not a completely value-neutral question. However, for practical purposes I think it is helpful to realize that moral “problems” tend to be characterized by the following conditions:

1. More than one value is at stake and they are in some degree of conflict.
   This is more common than we would like to think. It need not be a conflict between good and bad. It is more usually differing goods or differing bads. A maxim that I drill into my students is “You can’t maximize all values simultaneously.” Which is to say life continually confronts us with choices and to choose one thing always means to give up or have less of something else. And that something else may be a very good thing, so serious choices are usually very costly ones. A familiar, lighthearted version of this is the adage “You can’t have your cake and eat it too.” This is one of life’s truisms which is very easy to forget or tempting to ignore, but which is at the heart of all value and moral problems. No conflict, no problem.
2. There is uncertainty about what values are, in fact, involved or what they mean.
For example, what are all the relevant values involved in a decision regarding abortion? And what, exactly, is meant by choice, right to life, a person? Where do these values come from? What is their basis? How do they put us under obligation?

3. There is uncertainty about what the actual facts are.
What is the true situation? What are the relevant facts? Are they known? Can they be known? How well can they be known under the circumstances?

4. There is uncertainty about the actual consequences of alternative possible choices and courses of action.
Often we say that choices and actions should be guided by results. While it is true that their morality is at least in part influenced by their intended and actual consequences, Christians believe that God has built certain “oughts” like justice and love into the creation and that results always have to be measured by some standard or “good” which is beyond the naked results themselves. It is also crucial to remember that consequences can never be fully known at the time of decision and action. The best we can ever do at the time is to predict. We are obligated to make the best predictions we can, but we must be humbled by the limitations of our ability to anticipate actual results. However, unintended consequences turn out to be every bit as real and often more important than intended ones, especially if we haven’t done our homework.

Under What Conditions Do We Have to Choose and Act?

Given this understanding of a moral “problem,” it seems to me that real-life value choices and moral decisions are always made under these conditions:

1. We have a problem.
An actual value conflict is present or at least perceived. For example, we want to tell the truth and respect our dying parent’s personal rights and dignity by telling him the prognosis but we don’t want to upset him, perhaps hasten his death, or create possible complications for ourselves and the hospital staff.

2. We always have significant limitations in our facts, knowledge, understanding, and ability to predict the consequences of our actions.
What causes teen-age, unmarried pregnancy? What policies would lead to a decrease in teen-age pregnancy? What other unintended consequences might the policies have? Correct information and
knowledge are very hard (often impossible) to come by. As Christians we know that human beings are both finite (limited) and fallen (liable to distortion from selfishness and other forms of sin). The more we can do to overcome or reduce these limitations the better off we'll be. But the beginning of wisdom is to recognize our weakness and dependence.

3. **Ready or not, we have to decide and do something, at least for the time being, even if the decision is to ignore the problem.** Life won't permit us to stay on the fence until we thoroughly understand all the value issues, have all the relevant data, conduct a perfectly complete analysis, and develop a completely Christ-like character. So, we have to learn how to make the best choices we can under the circumstances. (“You can't maximize all values simultaneously” but you have to give it your best shot!)

4. **Whatever decision we make and action we take will be fundamentally influenced by our assumptions, world-view, faith—whatever that is.**
   “Facts,” even when attainable, don’t sustain moral judgments by themselves. They must be interpreted in the light of at least one faith-based value judgment. Where do my notions of good and bad, healthy and sick, functional and dysfunctional come from? Never from the “facts” alone (Lewis, 1947, 1943).

5. **We would like to have definitive, non-ambiguous, prescriptive direction so that we can be completely certain of the rightness of our choice, but we never can.**
   Not from Scripture, not from the law, not from our mother. We want to know without a doubt that we are right. This has always been part of the allure of legalism, unquestioning submission to authorities of various stripes, and simplistic reduction of complex situations. The only way (to seem) to be saved by the law is to chop it down to our own puny size.

6. **We may not have legalistic, prescriptive formulas, but we do have guidance and help.**
   Doing the right thing is not just a subjective, relativistic venture. God knows the kind of help we really need to grow up in Christ and God has provided it. We need to be open to the kind of guidance God actually gives instead of demanding the kind of guidance we think would be best. What God has actually given is Himself in Jesus Christ, the story of love, justice, grace, and redemption given witness in Scripture, the Holy Spirit, and the community of the church, historically, universally, and locally.
7. Ultimately, doing the right thing is a matter of identity and character.
In the last analysis, our morality (or lack of it) depends much more on who we are (or are becoming) than what we know or the procedures we use. We must become persons who have taken on the mind and character of Christ as new creations. And it turns out that this is precisely what the Bible says God is up to—growing us up into the image of Christ, from one degree of glory to another. The “problem” of making and living out these moral decisions turns out to be part of the plot, part of God’s strategy, suited to our nature as we were created. Instead of fighting and resenting the hardness of moral choice and action, maybe we should embrace it as part of God’s dynamic for our growth.

Faith and the Hermeneutical Spiral

Walking By Faith Is Not Optional

Christian or not, consciously or not, intentionally or not, we all inevitably approach understanding the world and ourselves on the basis of assumptions or presuppositions about the nature of things. Walking by faith is not optional. All human beings do it. We do have some choice (and responsibility) for what we continue to put our faith in, however. That’s where choice comes in.

Is love real or a rationalization? Does might make right? Do persons possess inherent dignity and value? Are persons capable of meaningful choice and responsibility? Are human beings so innately good that guilt and sin are meaningless or destructive terms? Is human life ultimately meaningless and absurd? Is the physical universe (and ourselves) a product of mindless chance? Is there a God (or are we God)? These are a few of the really important questions in life and there is no place to stand to try to answer them that does not include some sort of faith.

Interpreting the Facts

Like it or not, the world, life, and scripture are not simply experienced or known directly. Things are always interpreted on the basis of assumptions and beliefs we have about the nature of the world that are part of our faith position. Knowingly or not, we are continually engaged in hermeneutics, interpretation on the basis of principles.

My interpretation of the meaning of scripture, for example, is strongly affected by whether or not I believe the Bible is a strictly human prod-
uct or divinely inspired. It is further affected by whether or not I assume
the Bible was intended to and can, in fact, function as a legal codebook
providing specific prescriptive answers to all questions. My beliefs about
these things are never simply derived from the data of the scripture
only, but they should never be independent of that data either. In fact, a
good hermeneutical principle for understanding scripture is that our
interpretations must do justice to the actual data of scripture (Osborne,
1991; Swartley, 1983).

The same is true regarding our understanding or interpretation of
the “facts” of our experience. The same event will be seen and inter-
preted differently by persons who bring different assumptions and ex-
pectations to it. On the day of Pentecost, the Bible records that the dis-
ciples “were filled with the Holy Spirit and began to speak in other
tongues as the Spirit enabled them” (Acts 2:4). Some in the crowd didn’t
know anything about the Holy Spirit, but were amazed by the fact that
they heard their own native languages. “Are not all of these men who
are speaking Galileans? Then how is it that each of us hears them in his
native tongue” (Acts 2:7-8). Some, however, heard the speech as drunken
nonsense and said, “They have had too much wine” (Acts 2:13). Differ-
ent interpretive, hermeneutical frameworks were in place, guiding the
understanding of the “facts.”

As a child, I occasionally experienced corporal punishment in the
form of spankings from my mother (on one memorable occasion ad-
ministered with a willow switch). The fact that I was on rare occasions
spanked is data. But what did those spankings “mean” to me? Did I
experience abuse? Was I experiencing loving limits in a way that I could
understand? The experience had to be interpreted within the frame-
work of the rest of my experiences and beliefs (however formed) about
myself, my mother, and the rest of the world. And those “facts” con-
tinue to be interpreted or re-interpreted today in my memory. In this
case, I never doubted her love for me or (at least often) her justice.

The Hermeneutical Spiral

We come by our personal faith position in a variety of ways—adopted
without question from our families, friends, and culture; deliberately and
critically chosen; refined through experience; fallen into by chance or de-
fault. Or, more likely, it comes through some combination of all of these
and more. However it happens, it is not a static, finished thing. Our inter-
pretation and understanding of life proceeds in a kind of reciprocal herme-
neutical spiral. Our faith position helps order and integrate (or filter and
distort) the complex overload of reality that we confront. But at the same
time reality has the capacity to challenge and at least partially modify or correct our assumptions and perceptions (Osborne, 1991; Sherwood 1989).

Once the great 18th century English dictionary-maker, writer, conversationalist, and sometime philosopher Samuel Johnson was asked by his biographer Boswell how he refuted Bishop Berkeley’s philosophical theory of idealism (which asserted that the physical world has no real existence). Johnson replied, “I refute it thus.” He thereupon vigorously kicked a large rock, causing himself considerable pain but gaining more than enough evidence (for himself, at least) to cast doubt on the sufficiency of idealist theory as a total explanation of reality.

This is a hermeneutical spiral. You come to interpret the world around you through the framework of your faith, wherever you got it, however good or bad it is, and however embryonic it may be. It strongly affects what you perceive (or even look for). But the world is not a totally passive or subjective thing. So you run the risk of coming away from the encounter with your faith somewhat altered, perhaps even corrected a bit, or perhaps more distorted. Then you use that altered faith in your next encounter (Osborne, 1991; Pinnock, 1984; Sire, 1980). Unfortunately, there is no guarantee that the alterations are corrections. But, if the Bible is true, and if we have eyes that want to see and ears that want to hear, we can have confidence that we are bumping along in the right general direction, guided by the Holy Spirit.

How Does the Bible Teach Us?

The Heresy of Legalism

For Christians, the desire for unambiguous direction has most often led to the theological error of legalism, and then, on the rebound, to relativism. Legalism takes many forms but essentially uses the legitimate zeal for faithfulness to justify an attempt to extract from the Bible or the traditions of the elders a system of rules to cover all contingencies and then to make our relationship to God depend on our understanding and living up to those rules (Sherwood, 1989).

It is theological error because it forces the Bible to be something that it is not—an exhaustive theological and moral codebook yielding prescriptive answers to all questions. It distorts the real nature and meaning of God’s self-revelation in the incarnation of Jesus Christ, the Holy Spirit, the Scriptures, and even nature. Taken to its extreme, it effectively denies the gospel of justification by faith in Jesus Christ and substitutes a form of works righteousness. It can take the good news of redeeming, reconciling love and distort it into a source of separation, rejection, and condemnation.
The paradigm case in the New Testament involved some of the Pharisees. Jesus had some very strong words for them. When the Pharisees condemned the disciples for breaking the Sabbath by gathering grain to eat, Jesus cited the example of David feeding his men with the temple bread, also a violation of the law, and told them, in effect, that they were missing the point of the law. “The Sabbath was made for man, not man for the Sabbath” (Mark 2:23-28). In the parable of the Pharisee and the tax collector Jesus warned about those who “trusted in themselves that they were righteous and despised others” (Luke. 18:9-14). He talked of those who strain out gnats and swallow camels, careful to tithe down to every herb in their gardens but neglecting the “weightier matters of the law, justice and mercy and faith” (Mt. 23:23-24). When a group of Pharisees condemned the disciples because they didn’t wash their hands according to the Pharisees’ understanding of the requirements of purification, saying “Why do your disciples transgress the tradition of the elders?” Jesus answered “And why do you transgress the commandment of God for the sake of your tradition? . . . For the sake of your tradition you have made void the word of God. Hear and understand: not what goes into the mouth defiles a man, but what comes out of the mouth” (Matthew 15:1-11).

The Heresy of Subjective Relativism

If the Bible isn’t a comprehensive lawbook out of which we can infallibly derive concrete, prescriptive directions for every dilemma, what good is it? Aren’t we then left to be blown about by every wind of doctrine, led about by the spirit (or spirits) of the age we live in, guided only by our subjective, selfish desires? This is a good example of a false dichotomy, as though these were the only two alternatives. Either the Bible is a codebook or we land in total relativism. Yet this is the conclusion often drawn, which quite erroneously restricts the terms of the discussion. Once we cut loose from the deceptively certain rules of legalism it is very easy to become the disillusioned cynic—“I was tricked once, but I’m not going to be made a fool again.” If the Bible can’t give me all the answers directly then its all just a matter of human opinion. So the false dilemma is stated.

The Orthodoxy of Incarnation—What if God Had a Different Idea?

Such conclusions assume that, to be of any practical use, God’s revelation of His will can only be of a certain kind, an assumption we are more likely to take to the Bible than to learn from it. It assumes that
divine guidance must be exhaustively propositional, that what we need to be good Christians and to guide our moral lives is either specific rules for every occasion or at least principles from which specific rules can rationally be derived. What if such an assumption is wrong? What if it is not in keeping with the nature of God, the nature of human beings, the nature of the Bible, the nature of the Christian life?

What if the nature of Christian values and ethics cannot be adequately embodied or communicated in a book of rules, however complex and detailed? What if it can only be embodied in a life which is fully conformed to the will of God and communicated through the story of that life and its results?

What if God had to become a man, live a life of love and justice, be put to death innocently on the behalf of others, and raise triumphant over death to establish the kingdom of God? What if the Bible were book about that? A true story of how to become a real person?

The point I am trying to make is that if we go to the Bible for guidance on its own terms, not deciding in advance the nature that guidance has to take, what we find is neither legalism nor relativism but precisely the kind of guidance that suits the kind of reality God actually made, the kind of creatures we actually are, the kind of God with whom we have to do.

We learn that ethical practice has more to do with our identity, our growth in character and virtue than it does with airtight rules and that the Bible is just the kind of book to help us do this. It may not be as tidy as we would like. It may not be as easy as we would like to always tell the good guys from the bad guys. We may not always be able to act with the certain knowledge that we are doing just the right (or wrong) thing. But we will have the opportunity to get closer and closer to the truth of God, to grow up into the image of Christ. Growth is not always comfortable. But the Bible tells us who we are, whose we are, and where we’re going.

God is Bigger Than Our Categories but the Bible is a Faithful Witness

The reality of God and biblical truth shatters our categories. At least, none of them, taken alone, can do the God of the Bible justice. Taken together, our categories have the potential to balance and correct each other. Human language can only carry so much divine freight in any particular car.

We are all susceptible to distorted use of Scripture. We need the recognition that we (all of us) always take preconditions to our Bible study that may seriously distort its message to us. In fact, we often have
several conflicting desires and preconditions at work simultaneously. For example, we have the hunger for the security of clear-cut prescriptive answers (“Just tell me if divorce is always wrong or if I have a scriptural right to remarry”) and a desire to be autonomous, to suit ourselves rather than submit to anyone or anything (“I don’t want to hurt anyone, but my needs have to be met”).

So, how do I think the Bible teaches us about morality? How does it guide us in making moral judgments in our professional lives? Struggling to rise above my own preconditions and to take the Bible on its own terms, to see how the Bible teaches and what the Bible teaches, I think I am beginning to learn a few things.

God’s Project: Growing Us Up Into the Image of Christ

It seems to me that God is trying to reveal His nature and help us to develop His character. And it seems that the only way He could do that is in personal terms, creating persons with the dignity of choice, developing a relationship with a nation of them, becoming one of us Himself, revealing His love, grace, and forgiveness through a self-sacrificial act of redemption, and embarking on a process of growing persons up into His own image. The process requires us to be more than robots, even obedient ones. It requires us to make principled judgments based on virtuous character, to exercise wisdom based on the character of Christ. Neither legalism nor relativism produces this.

According to the Bible, growing us up to have the mind and character of Christ is an intrinsic part of God’s redemptive project. We are not simply forgiven our sins that grace may abound but we are being rehabilitated, sanctified—being made saints, if you will. The theme is clear, as the following passages illustrate.

In Romans 6:1-2, 4 Paul says that, far from continuing in sin that grace may abound, we die to sin in Christ, are buried with him in baptism, and are raised that we too may live a new life. Romans 12:2 says that we do not conform to the pattern of this world but are to be transformed by the renewing of our minds which makes us able to test and approve what God’s will is. II Corinthians 3:17-18 says that where the Spirit of the Lord is, there is freedom and that we are being transformed into His likeness with ever-increasing glory. Ephesians 4:7, 12-13 says that each one of us has been given grace from Christ to prepare us for service so that the body of Christ might be built up until we all reach unity in the faith and knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ. I John 3:1-3 marvels at the greatness of the love of the Father that we should be
called children of God and goes on to affirm that, although what we 
shall be has not yet been made known, we do know that when Christ 
appears we shall be like him. In Philippians 2, Paul says that, being 
united with Christ, Christians should have the same servant attitude as 
Christ, looking out for the interests of others as well as ourselves. Then 
he makes this remarkable conjunction—“Continue to work out your 
own salvation with fear and trembling, for it is God who works in you 
to will and to act according to his good purpose.”

And in I Corinthians 2 Paul says that we speak a message of wisdom 
among the mature, God’s wisdom from the beginning, not the wisdom 
of this age, revealed to us by His Spirit. He explains that we have re-
ceived the Spirit who is from God that we might understand what God 
has freely given us. He concludes, “Those who are unspiritual do not 
receive the gifts of God’s Spirit for they are foolishness to them, and 
they are unable to understand them because they are spiritually dis-
cerned... But we have the mind of Christ.”

A Key: Judgments Based on Wisdom 
Growing Out of the Character of Christ

It would seem that the key to integrating Christian values into pro-
fessional practice (as in all of life) is making complex judgments based 
on wisdom growing out of the mind and character of God, incarnated in Jesus Christ.

In our personal and professional lives we face many complex situa-
tions and decisions, large and small. Real-life moral dilemmas confront us 
with having to make choices between (prioritize) values that are equally 
real (though not necessarily equally important—remember Jesus’ comments 
on keeping the Sabbath versus helping a human being). Whatever we do, 
we cannot fully or equally maximize each value in the situation. (If the 
father embraces the prodigal son and gives him a party, there will be some 
who will see him as rewarding irresponsibility.) Whatever we do, we have 
to make our choices on the basis of limited understanding of both the is-
sues involved and the consequences of our actions. Moreover, our decision 
is complicated by our fallen nature and selfish desires.

In situations like this, the answer is not legalism (religious or scien-
tific) or relativism. The mind of Christ helps us to figure out what to do 
and the character of Christ helps us to have the capacity (i.e., character 
or virtue) to actually do it. It seems to me that in the very process of 
struggling through these difficult situations we are dealing with a prin-
ciple of growth that God has deliberately built into the nature of things. 
The people of God are continually required to make decisions based on
principles embodied in our very identity—the character of who we are, whose we are, and where we are going.

These virtues are not just abstract ones but rather they are incarnated in the history and character of Jesus Christ. Love and justice are the fundamental principles but we learn what they mean because Jesus embodies them. (Yes, keep the Sabbath but don’t let that keep you from helping someone.)

How should a Christian social worker respond when a client says she wants an abortion? How should parents respond when an unmarried daughter tells them she is pregnant? How should a church respond to a stranger’s request for financial aid? Should I be for or against our Middle Eastern policy? Should my wife Carol and I invite her mother to come and live with us? How much money can I spend on myself? It appears I have some complex judgments to make in order to live a life of love and justice.

So, one of God’s primary dynamics of growth seems to be to place us in complex situations in which decisions based on judgment are required. These decisions require our knowledge of the character of Christ to make and they require that we be disciplined disciples at least beginning to take on the character of Christ ourselves to carry them out. It seems to me there is a deliberate plot here, daring and risky, but the only one that works, which fits the world as God made it.

Can the Preacher Have a Boat?

Permit me a personal example to illustrate the point. I remember a lively debate in the cafeteria as an undergraduate in a Christian college over whether or not a preacher (i.e. completely dedicated Christian) could have a boat. The issue, of course, was stewardship, our relationship and responsibility toward material wealth, our neighbors, and ourselves.

Being mostly lower middle class, we all easily agreed that a yacht was definitely an immoral use of money and that a row boat or canoe was probably o.k. But could it have a motor? How big? Could it possibly be an inboard motor? How many people could it carry? It was enough to cross a rabbi’s eyes. Since we believed the Bible to contain a prescriptive answer to every question, we tried hard to formulate a scriptural answer. But we found no direct commands, approved apostolic examples, or necessary inferences that would nail it down.

What we found was much more challenging—things like:

The earth is the Lord’s and the fullness thereof (Psalm 24:1).
Give as you have been prospered (1 Corinthians 16:2).
What do you have that you did not receive (II Corinthians 4:7)? Remember the fatherless and widows (Jas. 1:27). Don’t lay up treasures on earth (Mt. 6:19-20). Follow Jesus in looking out for the interests of others, not just your own (Phil. 2:1-5).

Plenty of guidelines for exercising love and justice, lots of examples of Christ and the disciples in action—in other words, no selfish relativism. But no iron-clad formulas for what to spend or where—in other words, no legalism.

Instead, every time I turn around I am faced again with new financial choices, fresh opportunities to decide all over again what stewardship means—plenty of chances to grossly rationalize, distort, and abuse the gospel, to be sure. But also plenty of opportunities to get it right this time, or at least better. To grow up into the image of Christ.

Gaining the Mind and Character of Christ

So, only persons of character or virtue can make the kind of judgments and take the actions required of us. To do the right thing we need to be the right kinds of persons, embodying the mind and character of Christ (MacIntyre, 1984; Hauerwas, 1981).

The most direct route to moral practice is through realizing our identity as Christ-Ones. In Galatians 2:20 Paul said, “I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me” and in Galatians 5:13-14 he said “You were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, ‘You shall love your neighbor as yourself.’”

The mind and character of Christ is formed in us by the Holy Spirit as we submit to God’s general revelation in creation (Romans 1-2), written revelation in Scripture (II Tim. 3:15-17), and, ultimately, incarnated revelation in Jesus Christ (John 1:1-18; Col. 1:15-20). We can only give appropriate meaning to the principles of love and justice by knowing the God of the Bible, the Jesus of incarnation, and the Holy Spirit of understanding and power. This happens best (perhaps only) in the give and take of two living communities—Christian families and the church, the body of Christ.

What we have when this happens is not an encyclopedic list of rules that gives us unambiguous answers to every practical or moral
issue we may ever encounter. Neither are we left in an uncharted swamp of selfish relativity. And, it should be noted well, we are not given a substitute for the clear thinking and investigation necessary to provide the data. The Bible and Christ Himself are no substitute for reading, writing, and arithmetic (or practice wisdom, theory, and empirical research)—getting the best information we can and thinking honestly and clearly about it.

Instead, what we have then is the enhanced capacity to make and carry out complex judgment that is more in harmony with God’s love and justice than we could make otherwise (Hauerwas & Willimon, 1989; Adams, 1987). We are still limited. We still know in part and “see but a poor reflection as in a mirror” (I Corinthians 13:12).

We may be disappointed that the Bible or Christ Himself don’t give us the kind of advice, shortcuts, or easy black-and-white answers we would like, but what they give us is much better—the truth. Do you want to live a good life? Do you want to integrate your Christian values and your professional helping practice? Do you want to do what is right? The only way, ultimately, is to know God through being a disciple of Christ. This doesn’t mean that only Christians can have good moral character—God’s common grace is accessible to all. But it really is true that Jesus is the way, the truth, and the life (John 14:6). God is the one who gives content to the idea of “good.” The mind of Christ is really quite remarkable, filling up and stretching to the limit our humanity with God.

Lord, help us to know

who we are,
whose we are, and
where we are going.

Applying Values in Practice: The Principle/Practice Pyramid

As I think about the relationship between basic faith (worldview assumptions and beliefs), core values or principles that grow out of our faith, the rules that we derive in order to guide our application of those principles to various areas of life, and the application of those values and rules to specific day-to-day ethical and practical decisions we must make, it helps me to use the image of a “Principle/Practice Pyramid.” The shape of the pyramid gives a rough suggestion of the level of agreement and certainty we may have as we go from the abstract to the concrete. You can turn the pyramid whichever way works best for your imagination—sitting on its base or balanced on its top. I put it on its base (Sherwood, 2002).
Fundamental Worldview and Faith-Based Assumptions

The base or widest part of the pyramid represents our fundamental worldview and faith-based assumptions about the nature of the world, human beings, values, and God. All persons, not just “religious” people or Christians, have no choice but to make some sort of faith-based assumptions about the nature of the world and the meaning of life. These are the basic beliefs that help us to interpret our experience of life. This is part of the “hermeneutical spiral” we spoke of earlier. It is on this level that Christians are likely to have the broadest agreement (There is a God, God is creator, God has given human beings unique value, values derive from God).

Core Values or Principles

On top of and growing out of the faith-based foundation sits our core values or principles. What is “good”? What are our fundamental moral obligations? As a Christian I understand these to be the “exceptionless absolutes” of love and justice (Holmes, 1984). God is love. God is just. There is no situation where these values do not apply. And we must look to God to learn what love and justice mean. The social work analogy would be the core values expressed in the Code of Ethics: service, social justice, dignity and worth of the person, importance of human relationships, integrity, and competence (NASW, 1999).

Moral or Ethical Rules

On top of and growing out of the “principle” layer are the moral rules that guide the application of the principles to various domains of life. These are the “deontological” parameters that suggest what we ought to do. Biblical examples would be the Ten Commandments, the Sermon on the Mount, and other Biblical teachings that help us to understand what love and justice require in various spheres of life. Tell the truth. Keep promises. Don’t steal. In the Social Work Code of Ethics, these would be the specific standards relating to responsibilities to clients, colleagues, practice settings, as professionals, the profession itself, and the broader society. Each of these categories in the Code has a set of fairly specific and prescriptive rules. Don’t have sexual relationships with clients. Maintain confidentiality. Avoid conflicts of interest. These rules are very important in giving us guidance, but they can never provide us with absolute prescriptions for what we should always do on the case level (Sherwood, 1999, Reamer, 1990).
Cases Involving Ethical Dilemmas

At the top of the pyramid sit the specific cases involving ethical dilemmas in which we are required to use the principles and rules to make professional judgments in the messiness of real life and practice. It is at this very concrete level that we will find ourselves in the most likelihood of conscientious disagreement with each other, even when we start with the same values, principles, and rules. The short answer for why this is true is found in what we have discussed before. It is that we are fallen (subject to the distortions of our selfishness, fear, and pride) and finite (limited in what we can know and predict). And even more vexing, our principles and rules start coming into conflict with each other on this level. We must maintain confidentiality; we have a duty to warn. Our ability to know relevant facts and to predict the consequences of various courses of action is severely limited, yet some choice must be made and some action taken, now.

An Ethical Decision-Making Model

Given this understanding of the human situation, how God is working with us to grow us up into the image of Christ and the proper role that the Bible plays in giving us guidance, I would like to briefly introduce an ethical decision-making model for Christian helping professionals. It is a simple “problem-solving” model that assumes and is no substitute for developing the mind and character of Christ. It is simple only in concept, not in application. And it is what we need to do in all of our lives, not just in our work with clients.

Deontological and Consequentialist/Utilitarian Parameters

Ethical judgments and actions can generally be thought of as being based on two kinds of criteria or parameters—deontological and consequentialist/utilitarian. These are philosophical terms for describing two types of measuring sticks of whether or not something is good or bad in a moral sense and either ought or ought not to be done.

Deontological Parameters—The “Oughts”

Deontological parameters or criteria refer to moral obligation or duty. What are the moral imperatives or rules that relate to the situation? What are the “oughts?” For the Christian, it can be summed up by asking “What is the will of God in this situation?” Understanding the
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deontological parameters of an ethical dilemma we face is extremely important. But it is not as simple as it may first appear. Some think that ethics can be determined by deontological parameters only or that deontological parameters operate without consideration to consequences in any way. For example, the commandment “Thou shalt not lie” is taken to be an absolute, exceptionless rule that is to be obeyed in all circumstances and at all times, regardless of the consequences. By this principle, when Corrie Ten Boom was asked by the Nazis if she knew of any Jews, she should have led them to her family’s hiding place.

Trying to answer all moral questions by attempting to invoke a particular deontological principle in isolation, even if it is biblical, may wind up leading us into actions which are contrary to God’s will. That is the legalistic fallacy which we discussed before. Normally we have an ethical dilemma because we are in a situation in which more than one deontological principle applies and they are in conflict to some degree. Do we keep the Sabbath or do we heal? The Ten Commandments or the Sermon on the Mount, for example, contain deontological principles that are vitally important to helping us understand the mind of Christ and doing the will of God. But they cannot be handled mechanistically or legalistically or we will become Pharisees indeed. Does “turning the other cheek” require us to never resist evil in any way?

Most Christians properly understand that God’s will is fully embodied only in God’s character of love and justice, which was incarnated in the person of Jesus Christ. Love and justice are the only “exceptionless absolutes” in a deontological sense. The moral rules and principles of scripture provide important guidelines to help us to understand what love and justice act like in various circumstances, but they cannot stand alone as absolutes nor can they be forced into a legal system which eliminates the need for us to make judgments.

Consequentialist/Utilitarian Parameters—The “Results”

For God and for us, moral reality is always embodied. Part of what this means, then, is that the deontological “oughts” can never be completely separated from the consequentialist/utilitarian parameters. The consequentialist/utilitarian parameters refer to the results. Christian ethical decisions and actions always have to try to take into account their consequences. What happens as a result of this action or that, and what end is served?

Many people (quite erroneously) believe that moral judgments or actions can be judged exclusively on the basis of their results. Did it have a “good” or desired result? Then it was a good act. Many believe that if we
value the end we implicitly accept the means to that end, no matter what they might be (say, terrorism to oppose unjust tyranny). This is just as much a fallacy as the single-minded deontological judgment. Pure utilitarianism is impossible since there must be some deontological basis for deciding what is a “good” result, and this can never be derived from the raw facts of a situation. And “goods” and “evils” must be prioritized and balanced against one another in means as well as the ends.

It is a fact that some adults engage in sexual activity with children. But so what? What is the moral and practical meaning of that fact? Is it something we should encourage or prevent? Without some standard of “good” or “health” it is impossible to give a coherent answer.

Another major limitation of consequentialist/utilitarian criteria in making moral judgments is that at best they can never be more than guesses or predictions based on what we think the results might be, never on the actual consequences themselves. If I encourage my client to separate from her abusive husband, I may think that he will not hurt her or the children, but I cannot be sure.

So, ethical and practical judgments are always required. They aren’t simple. And they always involve identifying, prioritizing, and acting on both deontological and consequentialist/utilitarian parameters of a situation (Sherwood, 1986).

The Model: Judgment Formed By Character and Guided By Principle

1. Identify and explore the problem:
   What issues/values (usually plural) are at stake?
   What are the desired ends?
   What are the alternative possible means?
   What are the other possible unintended consequences?

2. Identify the deontological parameters:
   What moral imperatives are there?
   What is the will of God, the mind of Christ?
   What are the principles at stake, especially in regard to love and justice?
   Are there any rules or rule-governed exceptions, biblical injunctions, commands, or codes of ethics which apply?

3. Identify the consequentialist/utilitarian parameters:
   What (as nearly as can be determined or predicted) are the likely intended and unintended consequences?
   What are the costs and benefits? How are they distributed (who benefits, who pays)?
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4. Integrate and rank the deontological and consequentialist/utilitarian parameters:
What best approximates (maximizes) the exceptionless absolutes of love and justice?

5. Make a judgment guided by character and act:
After gathering and analyzing the biblical, professional and other data, pray for wisdom and the guidance of the Holy Spirit.
Make a judgment and act growing out of your character as informed by the character of Christ.
Refusing choice and action is choice and action, so you must do the best you can at the time, even if, in retrospect it turns out you were “sinning bravely.”

6. Evaluate:
Grow through your experience. Rejoice or repent, go on or change.

Character Formed through Discipleship and the Guidance of the Holy Spirit

Ultimately, ethical Christian practice depends on one thing—developing the mind and character of Christ. It depends on our growing up into the image of Christ. This begins in the new birth as we become new creations in Christ. We are filled with the Holy Spirit and called to a life of discipleship in which we bring every thought and action in captivity to Christ (II Corinthians 10:5). We present our bodies “as a living sacrifice,” not conformed to this world, but “transformed by the renewal of your mind” (Rom. 12:1-2). We hunger and thirst after righteousness. We seek to know God’s will through scripture, the guidance of the Holy Spirit, and the community of the church. We identify with Jesus and the saints of God down through the ages. We daily choose to follow Christ as best we know and can. We repent and confess to our Lord when we fall. We thankfully receive his grace. We choose and act again.

Certainly piety is not a substitute for the discipline of professional training, careful research, and thoughtful analysis. Rather, the use of all of these is simply a complimentary part of our stewardship and discipleship. The most solid possible assurance that we will do the right thing in our personal lives and in our professional practice is our discipleship, growing to have more and more of the character of Jesus Christ, as we make judgments more in harmony with God’s character and Spirit.

We become a “letter from Christ… Written not with ink but with the Spirit of the living God, not on tablets of stone but on tablets of hu-
man hearts.... ministers of a new covenant, not in a written code but in the Spirit; for the written code kills, but the Spirit gives life. . . Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And we all, with unveiled face, beholding the glory of the Lord, are being changed into his likeness from one degree of glory to another; for this comes from the Lord who is the Spirit” (II Corinthians 3:3, 6, 17-18).

Note

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References


Resources


